

CIRCLE OF FRIENDS



Does your Child struggle with making friends and keeping friends? Does this affect your child's self-esteem? Does your child have increased anxiety due to these struggles?

If your answer is YES then this is the group for your child. The group meets weekly to explore and develop new coping skills, social skills, and behaviors to aid in the emotional and social development of your child.

Currently two groups are being offered for children age 5-8 and ages 9-12. Contact Tara Bane to set up a consultation and learn more about these groups and other services she offers. You can reach her at:

Blue Sky Therapy Center, LLC
215-962-5497,

BlueSkyTherapyCenter@gmail.com

***Tara Bane is a Registered Art Therapist and Certified Yoga & Meditation Instructor who uses a holistic approach with her clients to build life-long skills.**

What: Friendship Circle Groups

When: Wednesday 5:30-6:30pm & 6:30- 8pm

Where: 1098 Washington Crossing Rd., Suite 3C
Washington Crossing, Pa 18977